



lamont physical therapy

mike whiteside p.t., owner

lamont • arvin • greenfield • bakersfield

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name: \_\_\_\_\_ d.o.i: \_\_\_\_\_

diagnosis: \_\_\_\_\_

employer: \_\_\_\_\_ insurance company: \_\_\_\_\_

frequency:  2X  3X  other \_\_\_\_\_ duration: \_\_\_\_\_ weeks

eval & treat

hand therapy

solo step AKA BKA

prom

pelvic traction

electric stimulation

aarom

cervical traction

paraffin

arom

gait training

whirlpool

pre

moist heat

iontophoresis

joint mobilization

cold packs

work hardening/conditioning

low back program

ultrasound

home exercise program

soft tissue mobilization

therapeutic exercise

wound care

precautions/special directions: \_\_\_\_\_

md signature: \_\_\_\_\_ date: \_\_\_\_\_